

# I can stay healthy during coronavirus!

A social story



Guide to using

# Social Stories

## For parents and caregivers

### To use this story:

1. Read the social story with your child regularly
2. Get them engaged in the narrative
3. Provide scenarios that review skills in the story
4. Pair with reinforcement and social praise
5. Fade story whenever the desired behavior is more frequent

### What is a social story?

A social story is a learning tool in the form of a mini book that describes a social situation and appropriate social responses.

### Benefits of social stories

By presenting information using first-person, positive and relevant language, social stories help children with autism understand new, difficult or complex topics. Social stories identify the target behavior, recognize the child's feelings, provide the child with an appropriate response and explain the consequences of certain behaviors.

### Get in touch.

We're here to answer any questions you have about autism, ABA, our services or your child's progress.

**(833) 825-5246**

**[info@aimclinics.com](mailto:info@aimclinics.com)**

# I can stay healthy during coronavirus!



- **Coronavirus and COVID-19 are similar names for the same thing.**
- **Coronavirus is kind of like the flu.**
- **If I get coronavirus I may feel sick, but I will feel better again.**



- **I can keep safe and healthy by washing my hands with soap and water.**
- **I can sing the “Happy Birthday” song twice while washing my hands to make sure they’re very clean.**



**I will wash my hands before I eat food.**



**I will wash my hands after I sneeze, blow my nose or touch my mouth.**



**I will wash my hands after I go to the toilet.**



- **I will not bite my nails or put my hands in my mouth.**
- **I will cough or sneeze into my elbow.**
- **If I am not feeling well, I will tell a grown-up.**



- **I will not give my friends or grown-ups a high five or a hug.**
- **Instead I will wave or bump elbows!**





- **My school might close for a while to keep everyone healthy.**
- **A grown-up will let me know when I can go back to school.**
- **I will get to do activities and lessons while at home!**



- **Just like the flu, coronavirus will go away.**
- **I don't need to worry, but if I am feeling scared I can talk to a grown-up.**
- **I will keep safe by washing my hands!**



# My handwashing routine



I wet my hands with water.



I put some soap on my hand.



I rub the soap all around for 20 seconds.



I rinse the soap off.



I dry my hands.



I can sing the “Happy Birthday” song twice while washing my hands to make sure they are very clean.



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